



WALNUT 5K

RUN/WALK FOR ALS

LOU GEHRIG'S DISEASE



WHERE: 323 S. MAIN ST. WALNUT IL

WHEN: SATURDAY, JULY 4TH 8AM

WHY: ALL PROCEEDS DONATED TO ALS (LOU GEHRIG'S DISEASE) RESEARCH

CASH PRIZES

1ST OVERALL MALE & FEMALE - \$100

2ND OVERALL MALE & FEMALE - \$50

📞 815-303-9348

📌 WALNUT 5K WALK/RUN FOR ALS

📷 @WALNUT5K 📺 @WALNUT5KALS

SCAN HERE TO REGISTER OR DONATE ONLINE



REGISTRATION

REGISTER ONLINE AT <https://runsignup.com/walnut5kforals> OR MAIL IN THE FORM BELOW

\$20 IF REGISTERED BY JUNE 26TH

\$25 TO REGISTER AFTER JUNE 26TH (INCLUDING RACE DAY)

MAIL ENTRY FORM WITH PAYMENT TO: PO Box 141 Walnut, IL 61376

MAKE CHECKS PAYABLE TO: Running Through ALS LTD



NAME: _____ EMAIL: _____ PHONE: _____

ADDRESS: _____ DOB: ___/___/___ AGE: _____ SEX: _____

CITY: _____ STATE: _____ ZIP: _____

DIVISION: WALKING/RUNNING WHEELCHAIR (CHECK ONE) NON PARTICIPANT (T-SHIRT ONLY)

TSHIRT SIZE: YOUTH S YOUTH M YOUTH L (CIRCLE ONE) XS S M L XL 2XL 3XL

SIGNATURE: _____ DATE: _____

PARENT OR GUARDIAN SIGNATURE REQUIRED IF UNDER 18

EMERGENCY CONTACT NAME: _____ PHONE: _____