

# 37TH ANNUAL NANCY M. KAPHEIM MEMORIAL CLASSIC 5K & 10K RUN & NEW 5K COMPETITIVE WALK

NANCY KAPHEIM MEMORIAL CLASSIC



GONE RUNNING  
HOSTED BY CORNBELT RUNNING CLUB



## Hosted By Cornbelt Running Club

Proceeds go to Nancy Kapheim Scholarship Fund

**When:** Sunday, October 5, 2025, 8:00 A.M

**Where:** Sunset Park, Rock Island, Illinois  
 Special pre-race ceremony, 7:50 A.M.,  
 in memory of CBRC members  
**Scenic, fast out & back course, along the bike path, protected until 9:30AM**  
**Post Race Party Breakfast Buffet included with entry**

**Awards:** Presented during breakfast  
10K Run & 5K Run -1st Place Overall Male & Female -  
 1st Place Masters Male & Female 3 deep in the following  
 age groups: (19 & under) (20-24) (25-29) (30-34) (35-39) (40-44)  
 (45-49) (50-54) (55-59) (60-64) (65-69) (70-74) (75-79) (80+)  
5K Competitive Walk - 1st, 2nd, 3rd Place Overall Male & Female

**Packet Pickup & Registration:**  
**Saturday, October 4 --- 12 Noon to 4:00 P.M.**  
**CBRC Office - Davenport, Iowa**  
**Race Morning --- 6:30 A.M. to 7:45 A.M.**  
**Sunset Marina Shelter • Rock Island, Illinois**

## RACE INFO: [Cornbelt.org](http://Cornbelt.org)

**Cornbelt.org for a downloadable entry form or Register online at [www.runsignup.com/nkmc](http://www.runsignup.com/nkmc)**

**NKMC SHIRT TO ALL PARTICIPANTS & VOLUNTEERS**

**VOLUNTEER INFO: email DALE MANLEY at [dkmrun1@aol.com](mailto:dkmrun1@aol.com)**

Official Nancy M. Kapheim Memorial Classic Entry Form

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_ CBRC Members by 9/28/2025 \$33 \_\_\_\_\_

Age on 10/05/2025: \_\_\_\_\_ Non-Member by 9/28/2025 \$35 \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Breakfast Only \$7 \_\_\_\_\_

Sex:  M  F All entrants after 9/28/2025 \$35 \_\_\_\_\_

Race:  5K  10K  5K Walk  CBRC 6 MONTH TRIAL MEMBERSHIP \$10 \_\_\_\_\_

T-Shirt Size:  S  M  L  XL  XXL Total Enclosed \_\_\_\_\_

**Make Checks Payable to: CORNBELT RUNNING CLUB & Mail to Cornbelt Running Club: 315 E. George Washington Blvd, Davenport, IA 52803**  
**No Refunds**

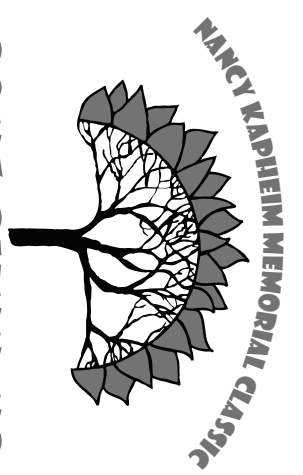
WAIVER: I know that running a road race is potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risks associated with running this event. Having read this waiver and knowing these facts and in consideration of your accepting my entry fee, I for myself, and anyone entitled to act on my behalf, waive and release the Cornbelt Running Club, City of Rock Island, the Rock Island Park Board, and all sponsors, their representatives and successors, for all claims or liabilities of any kind arising out of my participation in this event.

Signature of Applicant (Guardian if under the age of 18)

Date



315 E. George Washington Blvd.  
Davenport, IA 52803



**GONE RUNNING**  
HOSTED BY CORNBELT RUNNING CLUB

Sunday, October 5, 2025  
Sunset Park  
Rock Island, IL

**5K RUN**  
**10K RUN**

**NEW 5K Competitive Walk**

**Sponsors:**  
Running Wild  
Crawford Co.  
PEPSI  
Advanced Medical Transport  
Hy-Vee (Moline)



**Run Signup**

Register online at:  
[runsignup.com/nkmc](https://runsignup.com/nkmc)