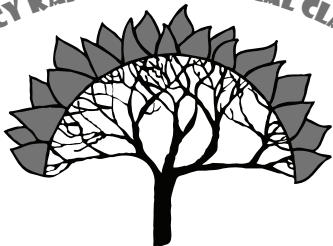


34TH ANNUAL NANCY M. KAPHEIM MEMORIAL CLASSIC 5K & 10K RUN & NEW 5K COMPETITIVE WALK

NANCY KAPHEIM MEMORIAL CLASSIC



GONE RUNNING
HOSTED BY CORNBELT RUNNING CLUB



Hosted By Cornbelt Running Club

Proceeds go to Nancy Kapheim Scholarship Fund

When: Sunday, October 2, 2022, 8:00 A.M

Where: Sunset Park, Rock Island, Illinois
Special pre-race ceremony, 7:50 A.M.,
in memory of CBRC members
Scenic, fast out & back course, along the bike path, protected until 9:30AM
Post Race Party Breakfast Buffet included with entry

Awards: Presented during breakfast
10K Run & 5K Run - 1st Place Overall Male & Female -
1st Place Masters Male & Female 3 deep in the following
age groups: (19 & under) (20-24) (25-29) (30-34) (35-39) (40-44)
(45-49) (50-54) (55-59) (60-64) (65-69) (70-74) (75-79) (80+)
5K Competitive Walk - 1st, 2nd, 3rd Place Overall Male & Female

Packet Pickup & Registration:
Saturday, October 1 --- 12 Noon to 4:00 P.M.
CBRC Office - Davenport, Iowa
Race Morning --- 6:30 A.M. to 7:45 A.M.
Sunset Marina Shelter • Rock Island, Illinois

RACE INFO: Cornbelt.org

Cornbelt.org for a downloadable entry form
or

Register online at www.getmeregistered.com

**NKMC SHIRT TO
ALL PARTICIPANTS & VOLUNTEERS**

SPONSORS: Running Wild - Crawford Co. -
Heartland Chiropractic - PEPSI - Color Works -
Advanced Medical Transport - Hy Vee (Moline)

VOLUNTEER INFO:

email **DALE MANLEY** at dkmrun1@aol.com

Official Nancy M. Kapheim Memorial Classic Entry Form

Last Name: _____ First Name: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Phone Number: _____ CBRC Members by 9/26/2022 \$26 _____

Age on 10/02/2022: _____ Non-Member by 9/26/2022 \$28 _____

Date of Birth: _____ Breakfast Only \$7 _____

Sex: M F All entrants after 9/26/2022 \$30 _____

Race: 5K 10K 5K Walk CBRC 6 MONTH TRIAL MEMBERSHIP \$10 _____

T-Shirt Size: S M L XL XXL Total Enclosed _____

Make Checks Payable to: CBRC MEMORIAL CLASSIC & Mail to CBRC Memorial Classic: 315 E. George Washington Bld., Davenport, IA 52803
No Refunds

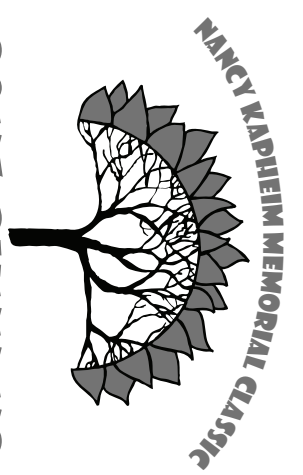
WAIVER: I know that running a road race is potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risks associated with running this event. Having read this waiver and knowing these facts and in consideration of your accepting my entry fee, I for myself, and anyone entitled to act on my behalf, waive and release the Cornbelt Running Club, City of Rock Island, the Rock Island Park Board, and all sponsors, their representatives and successors, for all claims or liabilities of any kind arising out of my participation in this event.

Signature of Applicant (Guardian if under the age of 18)

Date



315 E. George Washington Blvd.
Davenport, IA 52803



GO NE RUNNING
HOSTED BY CORNBELT RUNNING CLUB

October 2, 2022

5K RUN

10K RUN

NEW 5K Competitive Walk

Sponsors:

Running Wild
Crawford Co.

Heartland Chiropractic
PEPSI

Color Works

Advanced Medical Transport
Hy Vee (Moline)

