

# Muskie 5k Run/Walk

Weed Park (by the lagoon)

Muscatine, IA

Monday, Sep 5, 2022

**8:00 AM**

**Course:** Weed Park trail; out and back, flat and fast

Entry Fee: \$20

Long sleeved shirt included. Register early; every effort will be made to honor your request but cannot be guaranteed.

**Registration sent to:**

Muscatine Boys Cross Country

Muscatine High School

Attn. Chris Foxen

2705 Cedar Street

Muscatine, IA 52761

**Categories:** 14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 and over.

**Awards:** Awards to the first place male and female in the 5k run. Medals to the first 3 finishers in each age category.

Race Day Registration: 7:00-7:45 am at the Lagoon Shelter.

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Please Print:

Name: \_\_\_\_\_ Gender: M F Age (as of 9/5/22) \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

**Long Sleeved Shirt Size:** S M L XL XXL

Read the following statement and sign below:

In consideration of your accepting my entry, I, intending to be legally bound for myself, my heirs, executors, and administrators, do hereby refuse and discharge the Muscatine Cross Country team coaches, Muscatine Community School District, and the city and county of Muscatine, and/or any other race organizers from any and all liability arising from illness, injury, and damages I may suffer as a result of my participation in this event. I have read the entry information provided and certify my compliance and also certify that I have trained suitably for this event by my signature below (If the applicant is under 18 years of age this form must be signed by parent or guardian.)

Signature: \_\_\_\_\_ Date: \_\_\_\_\_