

May 6, 2023

FOR RACE DETAILS CHECK THE RACE WEBSITE
www.muscatineracefortheschools.org



Proceeds benefit Muscatine Schools!

What: 5K, Muskie Mile, Muskie Challenge (Both 5K & Mile)
When: Saturday, May 6, 2023
Time: Muskie Mile 8:00 AM -- 5K-- 8:30 AM
Where: Start / Finish Muscatine High School 2705 Cedar St., Muscatine
Virtual Option: Sign up to run/walk the 5K or Muskie Mile on your own

ALL REGISTERED participants will receive a race shirt and bib number.

MUSKIE MILE: Top Male/Female Student Finishers & Top 3 Male/Female (students): AGES: 5 & under, 6-10, 11-14, 15-19
5K (3.1 miles): Top Male/Female Finishers & Top 3 Male/Female: AGES: 5 & under, 6-10, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+ - - **Virtual Runners** are not eligible for overall or age-group awards
MUSKIE CHALLENGE: Special Muskie Challenge Finisher's medal to all who complete **both** the Muskie Mile and the 5K
Adults are welcome to participate in the Muskie Challenge.

MCS D SCHOOL CHALLENGE: Awards the school with the greatest participation! PLEASE CHECK ONE:

MELC Franklin Grant Jefferson Madison McKinley Mulberry SCJH MHS Other: _____

Group Discount Available Register your group, friends, family or team (5 + people) and receive 10% off each registration!

Registrations must be submitted together. No discount on Race Day Registrations.

Student Fees: Muskie Mile - \$10, 5K - \$12, Muskie Challenge - \$14
Student Late Fees after April 1 - Muskie Mile - \$12, 5K - \$14, Muskie Challenge - \$16
Adult Fees: Muskie Mile - \$15, 5K - \$22, Muskie Challenge \$25
Adult Late Fees after April 1 - Muskie Mile - \$20, 5K - \$27, Muskie Challenge \$30
Scholarships Available for Muscatine Students: Contact Daphne at 563-263-7223 racefortheschools@mcsdonline.org

Return Printed forms: Muscatine Race for the Schools, 2900 Mulberry Ave. Muscatine, Iowa 52761 – **Make Checks to: MCS D**

Late REGISTRATION/Package Pick Up: Fri., May 5 - 4:00-6:00 p.m. MCS D - 2900 Mulberry Ave.
Sat., May 6 - 6:30 – 7:30 a.m. - MHS 2705 Cedar St.

PLEASE PRINT: Name _____ Gender (M/F) _____ Grade _____
Age (as of 5/6/2023) _____ Phone _____ Email _____
Address: _____ City: _____ State: _____ Zip Code: _____

I am registering for the: _____ 5K _____ Muskie Mile _____ Muskie Challenge (both races)
_____ Virtual 5K _____ Virtual Muskie Mile _____ Virtual Muskie Challenge (both races)

Amount Enclosed: _____

Adult Unisex _____ Youth _____ **Circle Shirt Size:** YS YM YL AS AM AL AXL A2X (\$5 extra)

I know that participating in a road race is potentially hazardous activity. I should not enter and compete unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the event. I assume all risks associated with participating in this event included, but not limited to, falls, contact with other participants, the effect of weather, traffic, road conditions, all such risks being known and appreciated by me. **Photos of participants & results (name and finish time) will be published.** Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release the Muscatine Schools, the city of Muscatine and all participating sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event.

Signature _____ Date _____
(Parent or Guardian must sign for participant under the age of 18)