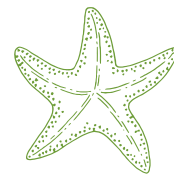


CAMBRIDGE GRAY MATTERS AND FFA CHAPTER



MILES FOR MINDS



RUN & WALK

A **5K AND 1 MILE** EVENT FOCUSED
ON MENTAL AND PHYSICAL HEALTH

SATURDAY, NOVEMBER 21ST

COLLEGE SQUARE PARK
9:00AM START TIME

AGE GROUP AWARDS

TO REGISTER GO TO THE LINK BELOW
OR SCAN THE QR CODE!

MALE & FEMALE

-7 & UNDER

- 8-14
- 15-19
- 20-24
- 25-29
- 30-34
- 35-39
- 40-44
- 45-49
- 50-54
- 55-59
- 60-64
- 65+



[HTTPS://RUNSIGN
UP.COM/RACE/IL/
CAMBRIDGE/
MIND](https://runsignup.com/race/il/cambridge/mind)

\$30 BY NOVEMBER 6TH
\$35 NOVEMBER 7TH AND AFTER
(SHIRT NOT GUARANTEED AFTER 11/6)

**TROPHY FOR THE TOP MALE AND FEMALE FINISHER
IN BOTH THE 5K AND 1 MILE!**

RUN, WALK, OR CRAWL TO SUPPORT AN IMPORTANT
CAUSE TO OUR SCHOOL AND COMMUNITY!