









www.unitypoint.org

www.hy-vee.com

TelegraphHerald.com

www.theshoefitter.com



Saturday, June 7, 2025 | 8 a.m.

Race results available at TelegraphHerald.com Saturday afternoon





1 MILE O'CONNOR & THOMAS LAW FIRM JUNIOR GALLOP TIME

4 MILE RUN/WALK TIME

1 & 4 mile registrations will not be taken on race day.

RUN/WALK PACKET PICKUP

(day before) Friday, June 6 - Murphy Park (4-8 p.m.) (race day) Saturday, June 7 (6-7 a.m.)

Last day to register is Friday, June 6 from 4-8 p.m. at Murphy Park

LOCATION

Run/Walk starts and finishes at Murphy Park

ENTRY FEE

O'Connor & Thomas Law Firm Junior Gallop - 12 & under - \$20 beginning May 29 - \$25

Youth 14 & under - \$25

Adult - \$31 prior to May 29

\$40 beginning May 29 for everyone

ENTRY FEE INCLUDES

Brooks Podium Tee

Men's, Women's or Youth Crew Neck

Refreshments

Proceeds go to Crescent Community Health Center and Go The Distance Day

*Late entries receive t-shirt only if available

AWARDS

1 MILE O'CONNOR & THOMAS LAW FIRM JUNIOR GALLOP

Award and shoes to overall male and female in each race Awards given to top three place finishers in each age division

4 MILE RUN/WALK

Award and shoes to overall male and female in each race Awards given to the top three place finishers in each age division

Unclaimed awards will not be forwarded

AID STATIONS

Water will be provided on the course Medical personnel will be available

POST EVENT ACTIVITIES

Awards Presentation

Shoe Give-Away

Entertainment

	Athletic Footwear				(Must be present to win.)				Refreshments						
						ENTRY F	ORM								
Name								Date o	of Birth		/	Age	Gender	M F	
Address	ress					City				S	tate	Zip			
Ph.# ()	Emai	il					-							
1 Mile Ru Boys:	n/Walk Age Di 6 & under	vision (circle 7-8		9-10	11-12		Girls:	6 & under		7-8		9-10	11-12	2	
4 Mile Ru	n/Walk Age Di	vision (circle	e):												
Men: Women:	14 & under 14 & under	15-18 15-18	19-24 19-24	25-29 25-29	30-34 30-34	35-39 35-39	40-44 40-44	45-49 45-49	50- 50-		55-59 55-59	60-64 60-64	65-69 65-69	70+ 70+	
	Brooks Podium Tee (circle):			Men's Crew: Women's Crew: Youth Crew:		X	S S S	M M YM	L L YL	XL XL	XXL XXL				
Entry Fee Enclosed	•				Youth 14 & under before May 29 - \$2		25			lay 29 - \$31		☐ Everyone beginning May 29 - \$4		\$40	
WAIVER															

I do hereby waive and release any and all rights and claims for damages I have against all participating sponsors and supporters, including BVM-PHS Senior Housing Inc., in any manner arising or growing out of my participation in the Grandview Gallop. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed medical doctor.

Signature	Date
Parent's Signature	Date

(Required if under 18 years of age)

Mail entry blank and fee to: MVRA, P.O. Box 854, Dubuque, IA 52004-0854 - Make checks payable to: Grandview Gallop For additional information: Call Greg Hermiston - 563-599-5198 or Darrell Zmolek - 563-663-2458 or email GrandviewGallop@hotmail.com