

39TH ANNUAL FROSTBITE

5K

Year 2022

FOOTRACE

January 15, 2022

Profits go to our local
Alzheimers Assn. in the QC area.

WHEN & WHERE:

Saturday, January 15, 2022 at Scott County Park
(located 8 miles north of Davenport Highway 61 -
take the Long Grove exit #129 to the east. Race
day registration from 11:30 a.m. - 12:30 p.m.
Race will start at 1:00 p.m. sharp. Drawings for
prizes will follow the race. Must be present to win.

COURSE: Asphalt surface with a few rolling hills, scenic park, cleared of snow, ready to go!
At the request of the Park Board and the Iowa Highway Patrol, we may cancel due to inclement weather. If so,
thank you for your donation. (we have never yet cancelled)

PRIZES: Stick around for great door prizes! You **MUST** be present to win. Prizes include 1 bicycle, due to the
bicycle shortages, a Trek Verve 2 from Jerry and Sparky's.

PACKET PICK UP: Packet pick up, registration, awards, and drawings will be at Whispering Pines Pavilion.
Hot cocoa and cookies will be served in the heated pavilion. Special edition, long-sleeved t-shirt to the first 300
pre-registered.

AWARDS & DIVISIONS: Awards given for female and male 1st, 2nd & 3rd overall: 9 and under, 10-14, 15-
19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79 & 80+.
Walkers are welcome.

ENTRY FEES AND REGISTRATION: Pre-registration ends January 13, 2022 (2 days prior to race day)
\$25 Entry Fee. Late registration is \$30.00. Kids 12 & under \$15.00 entry fee.

ADDITIONAL INFORMATION: Contact Randy or Marianne Schroeder, (563) 505-5601 or email at
locorunner3@yahoo.com or frostbitefootrace2014@yahoo.com

***MAKE CHECKS PAYABLE TO:** Frostbite Footrace

PLEASE REGISTER EARLY

MAIL FORMS AND FEES TO:

Frostbite Footrace
c/o Randy or Marianne Schroeder
32 Oakbrook Drive
Bettendorf, Iowa 52722

OR

**Register Online At
GetMeRegistered.com**

Waiver form: In consideration of this entry, I intending to be
legally bound, hereby, for myself, my heirs, executors, and
administrators waive and release any and all rights and
claims for damage I may have as a result of my participation
in their athletic contest. I release the sponsors, hosts, Iowa
Department of Conservation and any officials associated if
with the 39th Annual Frostbite Footrace.

Signature _____

Date: _____

If under 18 _____

Signature of parent or guardian

PRINT LEGIBLY

Last Name _____ First Name _____ Age (day of race) _____ M _____ F _____

Address _____ Phone Number _____

City _____ State _____ Zip Code _____

E-mail address _____