



# BLACK HAWK COLLEGE 5K HUSTLE

RUN ON THE ROADS OF THE MOLINE CAMPUS  
6600 – 34<sup>TH</sup> AVENUE, MOLINE  
SATURDAY, NOVEMBER 9TH, 2024 – 8:00 a.m.

## Benefitting: Black Hawk College Physical Therapist Assistant Program

**LOCATION:** Black Hawk College, Building #1, 6600 34<sup>th</sup> Avenue, Moline. Please enter campus through 70<sup>th</sup> Street entrance and park in Parking Lot #1.

**SPONSORS:** Quad City Bank & Trust, Tri-City Building & Construction Trades Council, IMPACT Construction Agreement, Associated General Contractors of the Quad Cities.

**COURSE:** 5K course run *on the roads* through the scenic rolling hills of the Moline campus.

**POST RACE PARTY IN BUILDING #1:** Fruit, cookies, and door prizes. Including the drawing of two \$100 cash awards – Must be present to win.

**AWARDS:** Awards to overall male and female and first 3 places in the following age groups: 0-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 and over & Wheelchair Division.

**GROCERY TOTE BAG & FIRST AID KIT:** A Grocery Tote Bag & First Aid Kit provided to the first 250 registered runners/walkers.

**REGISTRATION FEES:** \$25 if registered by November 1<sup>st</sup>. Starting November 2nd registration fee increases to \$30.

**ONLINE REGISTRATION:** [Getmeregistered.com/BlackHawk5K](http://Getmeregistered.com/BlackHawk5K)

**PACKET PICKUP & RACE DAY REGISTRATION:** Race Day 6:45 a.m. – 7:45 a.m. in Building #1, Student Lobby. Race Day Registration \$30.

---

Mail entry to: Cathy Lack, 444 35<sup>th</sup> Avenue, East Moline, IL 61244 **Make checks payable to:  
Black Hawk College Foundation**

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Gender (please circle)  Male  Female

E-Mail Address \_\_\_\_\_

### GROCERY TOTE BAG & FIRST AID KIT



**Waiver:** I know that running/walking a race is a potentially hazardous activity. I assume all risk associated with this event including and not limited to falls, injuries, and contact with other participants, effects of weather, traffic and road conditions. I, for myself and anyone entitled to run on my behalf, waive and release the Black Hawk 5K Hustle, race officials, organizers, sponsors, volunteers, and Black Hawk College and its employees and contractors from all claims and liabilities. I further state that I have trained accurately and am in suitable athletic condition to compete in this event.

Signature \_\_\_\_\_

Date \_\_\_\_\_