

**Blue Grass Days
5K Run/Walk & 1 Mile Fun Run
Friday, June 5th, 2026**

1 Mile Fun Run@6:00 5K Run/Walk@7:00PM

COURSE: Route will take place on the streets surrounding Blue Grass
5K course starting and ending at Blue Grass Community Club.

Back to regular racecourse

REGISTRATION: \$25(shirt guaranteed) if received before May 22nd

Before May 22nd with Shirt _____ (\$25) No Shirt _____ (\$20)

1 Mile Before May 22nd with Shirt _____ (\$10) No Shirt _____ (\$5)

Veteran with Shirt _____ (\$10) No Shirt _____ (FREE)

No shirts available this year after May 22nd we will not order additional shirts.

Chip timing

PACKET PICK-UP: Thursday June 4th from 5:00-6:00 p.m. at Blue Grass Community Club.

You can also pick up your packets and **register the night of race from 4:00 to 6:45.**

AWARDS: 5K overall male and female finishers. Awards to top 3 in each age group:
14 & under 15 -19 20-24 25 - 29 30 - 34 35-39 40 -44
45-49 50-54 55 - 59 60-64 65 - 69 70 & over

AWARDS WILL BE GIVEN AT THE RACE SITE FOLLOWING THE RACE

Awards for 1 Mile Fun Run Ribbons to all participants Trophy to Overall Male/Female

REFRESHMENTS: Water, popsicles and cookies will be available after the race.

PROCEEDS: Proceeds from the race will benefit the Blue Grass Community Center and the Community.

For more information, call Brinson or Donna Kinzer at 563-381-2803 Or 563-381-7686

Make checks payable to: Blue Grass Community Center

Mail entries to: Donna Kinzer 304 E. Lotte St Blue Grass, Iowa 52726 or you can register at getmeregistered.com

Blue Grass Daze

Name: _____ Address _____

City _____ State _____ Zip Code _____ Phone _____

Age (on race day) _____ M _____ F _____

Shirt Size (circle one) adult: S M L XL XXL **Child S M L**

1 Mile Fun Run (12 & under) _____ or 5K Run/Walk _____

In consideration of this entry, I intend to be legally bound, for myself, my heirs, executors and administrators waive, release and forever discharge any and all rights and claims which may hereafter accrue to me against the officials of the run, and all sponsors for any and all accidents or injuries incurred by me at this event and while traveling to and from this event. I further state that I have trained adequately and am in suitable athletic condition to compete in the race I have entered.

Date: _____

Signature: _____ Parent Signature (if under 18)