

2017 CBRC Race Team Application

CBRC Race Team members are selected based on the following criteria: sportsmanship, character, volunteerism, involvement in the running community, and running ability. Race Team members are expected to be ambassadors, to support the club's mission of promoting fitness through running and walking, and to represent the Cornbelt Running Club, Running Wild, and Kaminski Clinic with integrity. All interested CBRC members are encouraged to apply. Applications must be received by January 2nd, 2017 to be considered.

Personal Information

| | |
|-------------------|-----------------------------|
| Name: | |
| Sex: M F | Cornbelt Member? Y N |
| Birthdate: | Age: |
| Address: | |
| Phone: | |
| Email: | |

Best Performances 2016 (race and time)

| | |
|--------------|------------------|
| 5k: | 10K: |
| Half: | Marathon: |

Please feel free to use the back to tell us about other personal accomplishments that you would like us to consider. (other races/distances, training goals accomplished, etc.)

Which local CBRC Circuit races did you run in 2016? Circle all that apply

| | | | | |
|--------------------|------------------|-------------------|----------------------|----------------|
| Frostbite | Gilda's Run | Race for the Cure | Music in Motion | Nancy Kapheim |
| B-rrry Scurry | Dutch Days | Paul Skeffington | Freedom Run | QC Marathon |
| Chili Chase | 24 Hour Run | Royal Ball Run | Du-State-Du | Pumpkin Dash |
| CASI St. Patrick's | Distance Classic | Hennepin Hustle | Silvis Run | Governor's Run |
| Pam Pray Mem | Wild 5 | Railroad Days | Charger | Hawk Hustle |
| Run for Renewal | Senior Olympics | Firecracker | Run with Carl | Turkey Trot |
| Spring Chaser | Microbrew Mile | Moonlight Chase | Clinton 1/2 Marathon | Lids for Kids |
| Carl Sandburg | Maple City 4 | Bix | SAU Killer Bee | |

Which local events did you volunteer for? Circle all that apply

| | | | | |
|--------------------|------------------|-------------------|----------------------|---------------------|
| Frostbite | Gilda's Run | Race for the Cure | Music in Motion | Nancy Kapheim |
| B-rrry Scurry | Dutch Days | Paul Skeffington | Freedom Run | QC Marathon |
| Chili Chase | 24 Hour Run | Royal Ball Run | Du-State-Du | Pumpkin Dash |
| CASI St. Patrick's | Distance Classic | Hennepin Hustle | Silvis Run | Governor's Run |
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| Run for Renewal | Senior Olympics | Firecracker | Run with Carl | Turkey Trot |
| Spring Chaser | Microbrew Mile | Moonlight Chase | Clinton 1/2 Marathon | Bix @ 6 |
| Carl Sandburg | Maple City 4 | Bix | SAU Killer Bee | Kid's Track |
| Lids for Kids | | | | Thanksgiving Parade |

Which CBRC events did you attend in 2016? Circle all that apply

| | | | |
|-------------------------------|-------------------------|------------------------|------------------|
| January Meeting | Track Workouts at Augie | Fall Marathon Training | December Meeting |
| Spring half marathon training | Club Picnic | November Meeting | |

Applicant Signature _____