



- **Rotary Ramble 5K Run or Walk** – Raising Funds for **Rock Island Rotary** Community Projects
- **Sunday April 28th , 2019 at 8:00 am**

Location – The Establishment and Illinois Casualty Company Rock Island, IL

- **5K Runners** – Overall Male and Female Winner Awards
1st, 2nd and 3rd place awards for these age groups:
0-9, 10-19, 20-29,30-39,40-49,50-59, 60-69, 70 +
- **Walker Category** – Overall Male and Female Winner Awards
1st, 2nd, and 3rd place awards for these age groups:
0-29, 30-39,40-49,50-59,60+
- **Food / Drinks Awards and Drawing** – Post race and at the Awards Ceremony.
- **Fees / Registration** 5K Runners and Walkers - **\$30.00** by 04/14/19 Mail or online registration
\$35.00 after 04/14/19 and on Race Day Morning
***** Entries after 4/14/19 cannot guarantee a race shirt. Quantities will be limited *****
Phantom Runner – \$20.00 Shirt Only with no race registration by 4/14/19 (Must provide address and contact info.)
- **Additional Donations** accepted for Rock Island Rotary projects.
- **Packet Pick Up and /or Race Day Registration:** 7:00am - 7:30am on Race Day
- **Grand Prize Drawing for a \$200 Visa Gift Card** – Pre-Registered Runners Only that have Registered by 04/21/19
Must be present to win – No exceptions!
- **Food and Drink** – Post Race at the Awards Ceremony – Snacks, Fruit, and refreshments.
- **Sponsors** – Rock Island Rotary, The Establishment, Illinois Casualty Co, The River Cities’ Reader and many more
- **Online registration at:** Getmeregistered.com – Search for Rotary Ramble 5k – April 28th, 2019
- **Official Entry Form – Please Print !!!**

First name _____ Mid _____ Last name _____ Age on race day ____
 Date of Birth ___/___/___ Male ___ Female ___ Run ___ Walk ___ Phantom Runner Shirt only ___
 Circle Shirt Size **S M L XL XXL (add \$2.00 for XXL)** Phone # _____ - _____ - _____
 Address _____ City _____ St _____ Zip _____
 e-mail address _____

- **Waiver must be signed and acknowledged:**
In consideration of the acceptance of my entry, I for myself, my executors, administrators, and assignees, do
 Hereby release and discharge Rock Island Rotary, the city of Rock Island, any sponsors, supporters or volunteers,
 for all claims, of damages, demands, actions whatsoever in any manner arising or growing out of my
 participation in the **ROTARY RAMBLE 5K run or Walk**. I attest and verify that I have full knowledge of the risks
 Involved in this event, and I am physically fit, and sufficiently trained to participate in this event.
 Signature _____ Date _____ (Participant or Parent / Guardian if under 18 yrs of age.)
 Make Checks Payable to **Rock Island Rotary / Rotary Ramble** and mail entry with payment to:

Rock Island Rotary / Ramble 5K PO Box 4514 Rock Island, IL 61204-4514

****** No Refunds – Race will be held Regardless and weather conditions may vary. ******