

RACE LOCATION:**AUGUSTANA COLLEGE**

38TH ST. & 7TH AVE., ROCK ISLAND, IL
 Locker room & shower facilities available at
 Carver P.E. Center.
 AMBULANCE AT FINISH

REGISTRATION & PACKET PICKUP:

Saturday, May 12th: Noon to 4 pm

CARVER P.E. CENTER - west of stadium
 38TH St. & 7TH Ave., Rock Island, IL

Race Day, May 13th: 6:15 am to 7 am

CARVER P.E. CENTER - west of stadium

RACE T-SHIRTS:

Technical Short Sleeve Shirts to first 650
 registrants- alternate fabric/color is possible
 thereafter.

POST-RACE PARTY IN STADIUM:

For race participants and volunteers!
 Sports drink, cookies, fruit, bagels, and
 water available at finish area. Free post
 race massages & chiropractic care.

AWARDS & RACE RESULTS:

Trophies presented as available after each
 race. Results posted at www.cornbelt.org
 and USAT&F Road Running Information
 Center (for state & national rankings).

**UNCLAIMED AWARDS, PACKETS, &
BACK ORDERED SHIRTS:**

After the race they may be picked up for
 2 weeks at:

Running Wild

3216 N. Brady Street
 Davenport, IA .

Allow 2-3 weeks order time for back orders.

FLOWERS TO ALL FINISHERS**HALF MARATHON + 5K MAY 13TH, 2018****CBRC 2018 CIRCUIT RACE**
(Join the Circuit at www.cornbelt.org)**RACE HOTLINE: 563-326-1942**

Club website: www.cornbelt.org

VOLUNTEERS:**To volunteer or race information:**

contact: Race Director - Dale Manley
dkmrun1@aol.com

COURSE VOLUNTEERS NEEDED!

Course Control: contact Missey
 563-940-5733 miskey@mmandrews.com

5K RUN/WALK DETAILS:

USAT&F CERT. IL15001KU

START: Augustana College, 7:30 am

COURSE: 3.1 miles. Fast and flat.

Splits every mile, one water station.

AWARDS: \$100 Prize Money to the overall
 Male and Female Winners. Up to three
 places in each of the following age groups: 19 &
 under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49,
 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+.
 Overall winners ineligible for age group awards.

HALF MARATHON RUN DETAILS:

USAT&F CERT. # IL14001KU

START: Augustana College, 7:30 am

COURSE: 13.1 miles.

Scenic out and back through Rock Island
 and Moline, IL, including Rock Island
 Mississippi River bike path. 5 water
 stations. Finish on stadium track at
 Augustana College.

IMPORTANT! Course protection provided
 until 10:30 am. After 10:30 am, if you are
 still on the course, you must move to the
 sidewalks. Clock stops running at 10:30
 am. Walkers encouraged to enter the 5K
 event-contact Race Hotline with questions.

COMMEMORATIVE MEDALS

to all Half Marathon finishers.

AWARDS: \$100 Prize Money to the overall
 Male and Female Winners. \$100 Masters
 Prize Money to Male and Female Winners
 (40 & Over). Awards based on participation:
 19 & under, 20-24, 25-29, 30-34, 35-39, 40-44,
 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79,
 80+. Overall winners and Overall Masters
 winners ineligible for age group awards. Overall
 award winner ineligible for Masters Awards.

**FREE HALF MARATHON
TRAINING RUNS :**

**FREE! Starting March 11th, 2018
Sundays @ 7:30 a.m.**

McDonald's

Kimberly & Eastern, Davenport.

Open to all

Will run 4-7 miles on 3/11/18, then longer
 each following week for 9 weeks.

Coach: John Parker

OFFICIAL ENTRY FORM

PLEASE PRINT CLEARLY

WAIVER MUST BE SIGNED

CIRCLE RACE: 5K or HALF MARATHON

CIRCLE SHIRT SIZE: XS S M L XL XXL

NAME _____ AGE ON RACE DAY _____ PHONE(____) _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

DATE OF BIRTH: _____ MM/DD/YY **CIRCLE ONE:** MALE FEMALE

CBRC 6 MONTH TRIAL MEMBERSHIP \$10.00

ENTRY FEES (ALL FEES NON-REFUNDABLE)

	HALF MARATHON	5 K
CBRC MEMBER, PREREGISTERED	\$45.00	\$25.00
NON CBRC MEMBER, PREREGISTERED	\$50.00	\$27.00
ALL REGISTRANTS AFTER 5/7/2018	\$60.00	\$30.00

TOTAL FEES ENCLOSED _____

You can also register online at:

**MAKE CHECKS PAYABLE TO:**

QUAD CITIES DISTANCE CLASSIC, and mail to: Cornbelt Running Club, 315 E. George Washington Blvd., Davenport, IA 52803

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Cornbelt Running Club, City of Rock Island, County of Rock Island, City of Moline, State of Illinois, Augustana College, Palmer Chiropractic Clinics and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of persons named in this waiver. By signing I give CBRC permission to use any photographic images of myself associated with the event. No refund policy including a decision by race management in the event of weather that necessitates the cancellation of the event.

SIGNATURE _____

DATE _____

PARENT'S SIGNATURE IF UNDER 18 _____

EMERGENCY PHONE CONTACT #: _____