

# 30TH ANNUAL NANCY M. KAPHEIM MEMORIAL CLASSIC 5K RUN/WALK & 10K BREAKFAST RUN

## Hosted By Cornbelt Running Club

Proceeds go to Nancy Kapheim Scholarship Fund



**CBRC Circuit Race #33**

**When:** Sunday, September 30, 2018, 8:00 A.M.

**Where:** Sunset Park, Rock Island, Illinois  
Special pre-race ceremony, 7:50 A.M.,  
in memory of CBRC members  
**Scenic, fast out & back course, along the bike path, protected until 9:30AM**  
**Post Race Party Breakfast Buffet included with entry**

**Awards:** Presented during breakfast  
10K Run & 5K Run -1st Place Overall Male & Female -  
1st Place Masters Male & Female 3 deep in the following  
age groups: (19 & under) (20-24) (25-29) (30-34) (35-39)  
(40-44) (45-49) (50-54) (55-59) (60-64) (65-69) (70-74)  
(75-79) (80+)

**Packet Pickup & Registration:**  
Saturday, September 29 --- 12 Noon to 4:00 P.M.

CBRC Office - Davenport, Iowa  
Race Morning --- 6:30 A.M. to 7:45 A.M. - Sunset Marina Shelter  
Rock Island, Illinois

**RACE INFO/VOLUNTEER call DALE MANLEY (309) 764-8201 or email [dkmrun1@aol.com](mailto:dkmrun1@aol.com)**

**Sponsors:** Running Wild - Mark S. Lucas D.P.M. - Crawford Co. - Heartland Chiropractic  
A.D. Huesing, Colorworks - Advanced Medical Transport - Hy Vee (John Deere Road-Moline)

**NKMC SHIRT TO ALL PARTICIPANTS & VOLUNTEERS**

**Register online at [www.getmeregistered.com](http://www.getmeregistered.com)**

**Visit [www.cornbelt.org](http://www.cornbelt.org) for a downloadable entry form.**

Official Nancy M. Kapheim Memorial Classic Entry Form

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_ CBRC Members by 9/24/18 \$26 \_\_\_\_\_

Age on 09/30/2018: \_\_\_\_\_ Non-Member by 9/24/18 \$28 \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Breakfast Only \$7 \_\_\_\_\_

Sex:  M  F All entrants after 9/24/18 \$30 \_\_\_\_\_

Race:  5K  10K Total Enclosed \_\_\_\_\_

T-Shirt Size:  S  M  L  XL  XXL

**Make Checks Payable to: CBRC MEMORIAL CLASSIC & Mail to CBRC Memorial Classic: 315 E. George Washington Bld., Davenport, IA 52803**

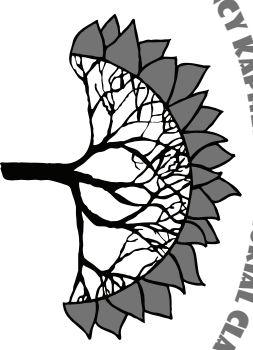
No Refunds

WAIVER: I know that running a road race is potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risks associated with running this event. Having read this waiver and knowing these facts and in consideration of your accepting my entry fee, I for myself, and anyone entitled to act on my behalf, waive and release the Cornbelt Running Club, City of Rock Island, the Rock Island Park Board, and all sponsors, their representatives and successors, for all claims or liabilities of any kind arising out of my participation in this event.

Signature of Applicant (Guardian if under the age of 18)

Date

NANCY KAPHEIM MEMORIAL CLASSIC



**GOVE RUNNING**  
HOSTED BY CORNBELT RUNNING CLUB

September 30, 2018

**5K RUN/WALK**  
&  
**10K BREAKFAST RUN**

**Sponsors:**

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- Mark S. Lucas D.P.M.  
Crawford Co.
- Heartland Chiropractic
- A.D. Huesing  
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- Advanced Medical Transport  
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315 E. George Washington Blvd.  
Davenport, IA 52803

