

29TH ANNUAL NANCY M. KAPHEIM MEMORIAL CLASSIC 5K RUN/WALK & 10K BREAKFAST RUN

Hosted By Cornbelt Running Club

Proceeds go to Nancy Kapheim Scholarship Fund



When: Sunday, October 1, 2017, 8:00A.M.

Where: **Sunset Park, Rock Island, Illinois**
Special pre-race ceremony, 7:50 A.M.,
in memory of CBRC members
Scenic, fast out & back course, along the bike path, protected until 9:30AM
Post Race Party Breakfast Buffet Included with Entry

Awards: Presented during breakfast
10K Run & 5K Run -1st Place Overall Male & Female - 1st Place Masters Male & Female
3 deep in the following age groups: (19 & under) (20-24) (25-29) (30-34) (35-39)
(40-44) (45-49) (50-54) (55-59) (60-64) (65-69) (70-74) (75-79) (80+)

Packet Pickup & Registration:

Saturday, September 30 --- 12 Noon to 4:00 P.M. --- CBRC Office - Davenport, Iowa
Race Morning ---6:30 A.M. to 7:45 A.M. - Sunset Marina Shelter - Rock Island, Illinois

CBRC Circuit Race #34

RACE INFO/VOLUNTEER call DALE MANLEY (309) 764-8201 or email dkmrun1@aol.com

Sponsors: Running Wild - Mark S. Lucas D.P.M. - Crawford Co.
Heatland Chiropractic - A.D. Huesing, Colorworks - Advanced Medical Transports

NKMC SHIRT TO ALL PARTICIPANTS & VOLUNTEERS
SHIRTS MUST BE CLAIMED BY RACE DAY

Register online at www.getmeregistered.com
Visit www.cornbelt.org for a downloadable entry form.

Official Nancy M. Kapheim Memorial Classic Entry Form

Last Name: _____ First Name: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Phone Number: _____ CBRC/LU Members by 9/25/17 \$23 _____

Age on 10/1/2017: _____ Non-Member by 9/25/17 \$25 _____

Date of Birth: _____ Breakfast Only \$5 _____

Sex: M F All entrants after 9/25/17 \$27 _____

Race: 5K 10K Total Enclosed _____

T-Shirt Size: _____

Make Checks Payable to: CBRC MEMORIAL CLASSIC & Mail to CBRC Memorial Classic: 315 E. George Washington Bld., Davenport, IA 52803
No Refunds

WAIVER: I know that running a road race is potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risks associated with running this event. Having read this waiver and knowing these facts and in consideration of your accepting my entry fee, I for myself, and anyone entitled to act on my behalf, waive and release the Cornbelt Running Club, City of Rock Island, the Rock Island Park Board, and all sponsors, their representatives and successors, for all claims or liabilities of any kind arising out of my participation in this event.

Signature of Applicant (Guardian if under the age of 18)

Date