



May 4, 2019

Can't make the date, but still want to support MCS D Race. Sign up as a VIRTUAL Runner!

New this year! Bash-N-Bounce Bounce Houses for kids to enjoy at the start finish Line!

What: 5K Run/Jog/Walk & the Muskie Mile Timed Run

When: Saturday, May 4, 2019

Time: Muskie Mile Timed Run – 8:00 a.m. - 5K – 8:30 a.m.

Where: Muscatine High School – 2705 Cedar St. Muscatine

Adult Fees: 5K, \$20 – After April 25, 2019 \$25 - Muskie Mile Timed run - \$10 – After April 25, 2019 - \$15

Student Fees: 5K, \$10 – After April 25, 2019 \$12.50 – Timed Muskie Mile - \$5 – After April 25, 2019 - \$7.50

Scholarships Available for Muscatine School Students: Contact Daphne at 263-7223 or daphne.donald@mcsdonline.org

Races held rain or shine - fees are NON-refundable

Proceeds benefit: MCS D Physical Education and Wellness Programs.

Packet Pick Up & Late Registration:

Fri., May 3rd, 4:00-6:00 p.m. MCS D - 2900 Mulberry Ave. **Saturday, May 4th**, 6:30-7:30 a.m. MHS 2705 Cedar St.

Registration Forms Also available at: Muscatine Running Club @ <http://www.machlink.com/~muscatinerunningclub/>

Make checks to: **MCS D (Muscatine Community School District)**, send entry fee and form to:

MCS D Race for the Schools - 2900 Mulberry Avenue - Muscatine, Iowa 52761

Or go to: <https://secure.getmeregistered.com/RaceForTheSchools>

AWARDS AWARDS AWARDS AWARDS AWARDS AWARDS AWARDS AWARDS

1 Mile Timed Run: STUDENT AWARDS TO: Overall Male/Female & top 3 male/female - Grades: PK-1, 2-3, 4-5, 6-8, 9-12

Overall Awards 5K to: Top Male/Female Finishers & **Top 3 Male/Female:** AGES: 10-under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+

Corporate & School Challenge: Awards for the business and MCS D School with the greatest participation!

PLEASE PRINT:

Name _____ **Gender (M/F)** _____ **Grade** _____

Age (as of 5/4/19) _____ **Phone** _____ **Email** _____

I am registering for the: 5K _____ Muskie Mile Timed run _____ Both (5K price – 1 shirt) _____

Virtual Runner _____ (Can't be at the race, but want to support the event?) Be a virtual runner!

Shirt Size: _____ Choose One: _____ Adult Unisex _____ Adult Women _____ Youth

YS YM YL AS AM AL AXL A2X(\$3 extra) Every effort to honor your request, but t-shirt size cannot be guaranteed.

MCS D School Challenge (includes students, parents, staff) List your school: _____

Corporate Challenge - Business Affiliation: _____

Amount Enclosed: _____

I know that participating in a road race is potentially hazardous activity. I should not enter and compete unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the event. I assume all risks associated with participating in this event included, but not limited to, falls, contact with other participants, the effect of weather, traffic, road conditions, all such risks being known and appreciated by me. **I understand there may be media coverage; including, but not limited to: live streaming of the race, photos of participants & published results (name and finish time).** Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release the Muscatine Schools, the city of Muscatine and all participating sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event.

Signature _____ **Date** _____

(Parent or Guardian must sign for participant under the age of 18)