



One Mile Run
at 8:00 am
5K at 8:30 am

New this year!
One Mile Run will
be timed.

May 5, 2018

What: 5K Run/Jog/Walk & the Muskie Mile Timed Run

When: Saturday, May 5, 2018

Time: Muskie Mile Timed Run – 8:00 a.m. - 5K – 8:30 a.m.

Where: Muscatine High School – 2705 Cedar

Adult Fees: 5K, \$20 – After April 26, 2018 \$25 - Muskie Mile Timed run - \$10 – After April 26, 2018 - \$15

Discounted - Student Fees: 5K, \$10 – After April 26, 2018 \$12.50 – Timed Muskie Mile - \$5 – After April 26, 2018 - \$7.50

Scholarships Available for Muscatine School Students Contact Daphne at 263-7223 or daphne.donald@mcsdonline.org

Races held rain or shine - fees are **NON-refundable**

Proceeds benefit: MCSD Physical Education and Wellness Programs.

Packet Pick Up & Late Registration:

Fri., May 4th, 4:00-6:00 p.m. MCSD - 2900 Mulberry Ave. **Saturday, May 5th,** 6:30-7:30 a.m. MHS 2705 Cedar St.

Registration Forms Also available at: Muscatine Running Club @ <http://www.machlink.com/~muscatinerunningclub/>

Make checks to: **MCSD (Muscatine Community School District)**, send entry fee and form to:

Muscatine Schools c/o Daphne Donald - 2900 Mulberry Avenue - Muscatine, Iowa 52761

Or go to: <https://secure.getmeregistered.com/RaceForTheSchools>

AWARDS AWARDS AWARDS AWARDS AWARDS AWARDS AWARDS AWARDS

1 Mile Timed Run: Overall Male/Female **STUDENT - Age Group: top 3 male/female** - Grades: PK-1, 2-3, 4-5, 6-8, 9-12

Overall Awards 5K to: Top Male/Female Finishers - **Age Group top 3 Male/Female:** AGES: 10-under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+

Corporate & School Challenge: Awards for the business and MCSD School with the greatest participation!

PLEASE PRINT:

Name _____ Gender (M/F) _____ Grade _____

Age (as of 5/5/18) _____ Phone _____ Email _____

I am registering for the: 5K _____ Muskie Mile Timed run _____

MCSD School Challenge (includes students, parents, staff) List your school: _____

Corporate Challenge - Business Affiliation: _____

Amount Enclosed: _____

Shirt – Please Circle Fit: Women or Unisex – Please circle Size: YS YM YL AS AM AL AXL A2X(\$3 extra)

5K - Performance Shirt / 1 mile – Cotton shirt Every effort to honor your request, but t-shirt size cannot be guaranteed. Please register early.

I know that participating in a road race is potentially hazardous activity. I should not enter and compete unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the event. I assume all risks associated with participating in this event included, but not limited to, falls, contact with other participants, the effect of weather, traffic, road conditions, all such risks being known and appreciated by me. I understand there may be media coverage; including, but not limited to: photos of participants & published results (name and finish time). Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release the Muscatine Schools, the city of Muscatine and all participating sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event.

Signature _____ **Date** _____
(Parent or Guardian must sign for participant under the age of 18)