



# Kewash

HALF MARATHON • 10K • 5K

WASHINGTON • IOWA • SATURDAY • APRIL 22, 2017

**Start/Finish Location:** YMCA on the Square  
110 South Iowa Avenue  
Washington, Iowa 52353



Register online at:  
[www.GetMeRegistered.com/KewashTrailRun](http://www.GetMeRegistered.com/KewashTrailRun)

**All Races Start Time:** 8:00am

**Age Group Awards:** Male & Female 18 & under, 19-29, 30-39, 40-49, 50-59, 60+  
Overall Male & Female awards given, plus top one in each group for 5K & 10K  
Overall Male & Female awards given, plus top two in each group for half marathon

**Questions:** Call Becky Harkema, 319-653-2141 or email: [bharkema@washingtonty.org](mailto:bharkema@washingtonty.org)

**Mail registration form and check payable to:** YMCA of Washington County  
121 E. Main St.  
Washington, IA 52353 (note: different than start location)

**Lodging Availability:** Riverside Casino, 3184 Iowa 22, Riverside, 319-648-1234  
Home Town Inn, 119 Westview Drive, Washington, 319-653-6621  
Hawkeye Motel, 1320 West Madison Street, Washington, 319-653-7510  
Dodici Suites, 122 South Iowa Ave, Washington, 319-653-4012

**Check out our Facebook page Kewash Trail Half Marathon**

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## Kewash Trail Half Marathon • 10K • 5K

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Parent Name (If under 18): \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_ Age on day of race: \_\_\_\_\_ M / F

T-Shirt Size (circle one):    Womens Cut    Unisex Cut    S    M    L    XL    XXL

**Registration fees through April 7:** \$50 for half marathon. \$30 for 10K. \$20 for 5K

**Race Day Registration and after April 8:** \$60 for half marathon. \$40 for 10K \$30 for 5K

Waiver: I certify to the best of my knowledge that I am physically fit and have no medical condition that could likely worsen by participation in this event. I am fully aware and assume all risks associated with participation in this event. I am fully aware that the race is run on public streets and the Kewash Trail and that limited traffic control will be provided and that participation could be hazardous. I understand running with headphones, dogs, and strollers is considered hazardous to my safety and sponsoring organizations and entities have recommended against it. In participating with headphones, dogs, strollers, etc., I assume responsibility for the risks involved. In consideration of this entry, I hereby for myself, my heirs, executors, assigns and administrators, waive and release all rights and claims against the race committee, YMCA of Washington County, City of Washington, Washington County, officials and volunteers associated with the race and event, their representatives, successors and assigns for any injuries incurred by me during, because of, or in travel to or from race or event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(if under 18 years of age, parent or legal guardian)