

It is that time of year again for the Hennepin Hundred Ultra Marathon (100-mile race starting in Sterling, IL and ending in Colona at Timbrook field), This will be the 3rd annual event & this year it is being held on Saturday Oct. 7th & Sunday Oct 8th. We have about 175 runners signed up so far.

We are again looking for volunteers to help at the 2 water stations that we handle. They are the Brandenburg Tavern (aid station 20) on Green River Road and the Canal Tenders (finish-line) down by Timbrook Field. At the finish line we have food, shower, cots and this year I am hoping on Sunday to have someone who will give free massage to the runners.

If you have not volunteered before you can check with some of the ones who have & they will tell you what a great feeling it is to see the runners coming cross the finish line. If you would like to volunteer but the late night shifts do not work for you then maybe you can help us on Friday Oct. 6th at Colona Scott Family Park for Packet pick up. We would need 4 to 5 volunteers from noon to 7pm.

We as volunteers need to make it fun for the runners because by the time they reach our stations they are exhausted & need that like extra push & encouragement to get them to the finish. However, you as volunteer can bring beer, food, music to keep yourselves awake & full of good vibes to cheer the runners on.

If you would like to volunteer you can go to cheryl-powell@sbcglobal.net or edmayhew70@gmail.com . If you have any questions you can call Cheri Powell at (309) 912-1605 or Ed Mayhew at (309) 314-2867. You can also text me on my cell or IM me on Facebook.

The hours are posted on the attachments.

Thanks and hope to see you there.

Have a great day. Cheri

COLONA SCOTT FAMILY PARK PACKET PICK-UP

FRIDAY OCTOBER 6TH, 2017

PACKET PICKUP IS 2-6 (SAFETY MEETING AT 5)

HELPING AT REGISTRATION TABLE AND DIRECTING

RUNNERS AS TO WHERE TO PUT THEIR BAGS.

I NEED 4 TO 6 PEOPLE FROM 1 TO 6 TO HANDLE RUNNERS COMING TO PICK UP THEIR PACKETS & ANSWER ANY QUESTIONS THAT THEY MAY HAVE.

IF YOU CAN STAY LONGER TO HELP CLEAN UP THAT WOULD BE GREAT.

LET ME KNOW A TIME THAT WORKS BEST FOR YOU AND I WILL PUT YOU DOWN. THE EARLIER YOU SIGN UP THE BETTER CHANCE YOU HAVE OF GETTING THE TIME FRAME YOU WANT.

CONTACT ME AT MY CELL (309) 912-1605 (OR TEXT ME) OR HOME (309) 792-2176, IF I DON'T ANSWER LEAVE A MESSAGE & I WILL GET BACK TO YOU. YOU CAN ALSO EMAIL ME AT CHERYL-POWELL@SBCGLOBAL.NET.

ED MAYHEW IS ALSO AVAILABLE TO TAKE YOUR INFORMATION & YOU CAN REACH HIM AT (309) 314-2867 OR EMAIL HIM AT EDMAYHEW70@GMAIL.COM

YOU CAN ALSO VOLUNTEER TO HELP AT ONE OF THE 2 WATER STATIONS THAT WE HAVE TO COVER & THAT INFORMATION IS BEING SENT TO YOU SEPARATELY.

THANKS YOU FOR HELPING US, AS WE TRULY APPRECIATE IT.

HENNEPIN HUNDRED
SIGN UP SHEET FINISH LINE
BE A CANAL TENDER
(TIMBROOK FIELD COLONA, IL)

SATURDAY OCT. 7TH OR SUNDAY OCT. 8TH

Duties:

Serve hot food and drinks, **CHEER ON & CONGRATULATE THE RUNNERS as they arrive at finish line and clean up at the end of the race.**

6:30pm-11:30pm (SAT.) (2-3 volunteers)

11:30pm-4:30am (SAT INTO SUN) (2-3 volunteers)

4:30am-9:30am (SUN) (2-3 volunteers)

9:30am- 2:30pm (SUN) (4-6 volunteers)

TEXT OR CALL CHERI at (309) 912-1605 or HOME (309) 792-2176 or EMAIL me at cheryl-powell@sbcglobal.net or ED MAYHEW at (309) 314-2867 or EMAIL him at edmayhew70@gmail.com

THANK YOU AHEAD OF TIME FOR VOLUNTEERING TO HELP US

HENNEPIN HUNDRED

SIGN UP SHEET

BRANDENBURG TAVERN WATER STATION.

(GREEN RIVER ROAD BEHIND JOHN SWAN'S PARK)

SATURDAY OCT. 7TH & SUNDAY OCT. 8TH

DUTIES:

**GREETING & CHECKING RUNNERS TO BE SURE
OKAY TO PROCEED TO FINISH LINE & SERVE
THEM COLD DRINKS & FOOD IF THEY WANT.**

5:30PM-10:30PM (2-3 VOLUNTEERS)

10:30PM-3:30AM (2-3 VOLUNTERS)

3:30AM-8:30AM (2-3 VOLUNTEERS)

8:30AM-1:30PM (3-4 VOLUNTEERS)

**TEXT OR CALL ME AT (309) 912-1605 OR HOME
AT (309) 792-2176 OR EMAIL ME AT**

CHERYL-POWELL@SBCGLOBAL.NET OR

**CONTACT ED MAYHEW AT (309) 314-2867 OR
EMAIL HIM AT EDMAYHEW70@GMAIL.COM.**