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Saturday, June 15, 2019 | 8 a.m.

Race results available at TelegraphHerald.com Saturday afternoon
Souvenir race supplement mailed to every runner

Additional support provided by: **DUBUQUE REGIONAL**
SPORTS COMMISSION



Both races chip timed

1 MILE O'CONNOR & THOMAS LAW FIRM JUNIOR GALLOP TIME
7:30 a.m.

4 MILE RUN/WALK TIME
8 a.m.

1 & 4 mile registrations will not be taken on race day.

RUN/WALK PACKET PICKUP
(day before) Friday, June 14 - Murphy Park (4-8 p.m.)
(race day) Saturday, June 15 (6-7 a.m.)

Last day to register is Friday, June 14 from 4-8 p.m. at Murphy Park

LOCATION

Run/Walk starts and finishes at Murphy Park

ENTRY FEE

O'Connor & Thomas Law Firm Gallop - 12 & under - \$18 beginning June 7 - \$20

Youth 14 & under - \$23

Adult - \$28 prior to June 7

\$35 beginning June 7 for everyone

ENTRY FEE INCLUDES

Chip Timing

Next Level - Premium Tee

Men's, Women's or Youth Crew Neck

Souvenir Race Supplement

Refreshments

Proceeds go to Crescent Community Health Center and Live Healthy Dubuque/Go The Distance Day

**Late entries receive t-shirt only if available*

AWARDS

1 MILE O'CONNOR & THOMAS LAW FIRM JUNIOR GALLOP

Award and shoes to overall male and female in each race
Awards given to top three place finishers in each age division

4 MILE RUN/WALK

Award and shoes to overall male and female in each race
Awards given to the top three place finishers in each age division

Unclaimed awards will not be forwarded

HIGH SCHOOL CHALLENGE

Award given for top high school participation

AID STATIONS

Water will be provided on the course
Medical personnel will be available

POST EVENT ACTIVITIES

Awards Presentation

Athletic Footwear & Apparel Expo

Shoe Give-Away (10 pairs)

(Must be present to win.)

Entertainment

Refreshments

ENTRY FORM

Name _____ Date of Birth ____/____/____ Age _____ Gender M F

Address _____ City _____ State _____ Zip _____

Ph.# (____) _____ Email _____ High School _____

1 Mile Run/Walk Age Division (circle):

Boys: 6 & under 7-8 9-10 11-12 Girls: 6 & under 7-8 9-10 11-12

4 Mile Run/Walk Age Division (circle):

Men: 14 & under 15-18 19-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70+

Women: 14 & under 15-18 19-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70+

Next Level - Premium Tee (circle):

Men's Crew: S M L XL XXL
Women's Crew: XS S M L XL XXL
Youth Crew: YM YL

Entry Fee Enclosed: O'Connor & Thomas Law Firm Junior Gallop

12 & under - \$18
beginning June 7 - \$20

Youth

14 & under
before June 7 - \$23

Adult

before June 7 - \$28

Everyone

beginning June 7 - \$35

WAIVER

I do hereby waive and release any and all rights and claims for damages I have against all participating sponsors and supporters, in any manner arising or growing out of my participation in the Grandview Gallop. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed medical doctor.

Signature _____ Date _____

Parent's Signature _____ Date _____

(Required if under 18 years of age)

Mail entry blank and fee to: MVRA, P.O. Box 854, Dubuque, IA 52004-0854 - Make checks payable to: Grandview Gallop

For additional information: Call Greg Hermiston - 563-599-5198 or Darrell Zmolek - 563-663-2458 or email GrandviewGallop@hotmail.com

Register online at: GrandviewGallop.com

