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# Saturday, June 10, 2017 | 8 a.m.

Race results available at [TelegraphHerald.com](http://TelegraphHerald.com) Saturday afternoon  
Souvenir race supplement mailed to every runner

Additional support provided by: **DUBUQUE REGIONAL**  
SPORTS COMMISSION



## 1 MILE *America's River* JUNIOR GALLOP TIME

7:30 a.m.

## 4 MILE RUN/WALK TIME

8 a.m.

1 & 4 mile registrations will not be taken on race day.

### RUN/WALK PACKET PICKUP

(day before) Friday, June 9 - Murphy Park (4-8 p.m.)  
(race day) Saturday, June 10 (6-7 a.m.)

**Last day to register is Friday, June 9 from 4-8 p.m. at Murphy Park**

### LOCATION

Run/Walk starts and finishes at Murphy Park

### ENTRY FEE

*America's River* Junior Gallop - 12 & under - \$18  
beginning June 1 - \$20

Youth 14 & under - \$21  
Live Healthy Dubuque Participant - \$21  
Other - \$26 prior to June 1  
\$30 beginning June 1 for everyone

### ENTRY FEE INCLUDES

Chip Timing  
Asics Tech-Tee  
Men's Crew & Women's V-Neck  
Souvenir Race Supplement  
Refreshments

Proceeds go to Crescent Community Health Center and Live Healthy Dubuque/Go The Distance Day

### AWARDS

#### 1 MILE AMERICA'S RIVER JUNIOR GALLOP

Award and shoes to overall male and female in each race  
Awards given to top three place finishers in each age division

#### 4 MILE RUN/WALK

Award and shoes to overall male and female in each race  
Awards given to the top three place finishers in each age division  
Unclaimed awards will not be forwarded

### AID STATIONS

Water will be provided on the course  
Medical personnel will be available

*\*Late entries receive t-shirt only if available*

## POST EVENT ACTIVITIES

Awards Presentation  
Athletic Footwear & Apparel Expo

Shoe Give-Away (10 pairs)  
(Must be present to win.)

Entertainment  
Refreshments

### ENTRY FORM

Name \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_ Gender M F

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Ph.# (\_\_\_\_) \_\_\_\_\_ Email \_\_\_\_\_

#### 1 Mile Run/Walk Age Division (circle):

Boys: 6 & under 7-8 9-10 11-12 Girls: 6 & under 7-8 9-10 11-12

#### 4 Mile Run/Walk Age Division (circle):

Men: 14 & under 15-18 19-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70+  
Women: 14 & under 15-18 19-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59 60-64 65-69 70+

#### Asics Tech-Tee (circle):

Men's Crew: S M L XL XXL  
Women's V-Neck: XS S M L XL XXL  
Youth sizes (Dri Fit tee): YM YL

**Entry Fee**  America's River Junior Gallop  Youth  Live Healthy Dubuque  Other  Everyone  
**Enclosed:** 12 & under - \$18 14 & under - \$21 Participant - \$21 before June 1 - \$26 beginning June 1 - \$30  
beginning June 1 - \$20

#### WAIVER

I do hereby waive and release any and all rights and claims for damages I have against all participating sponsors and supporters, in any manner arising or growing out of my participation in the Grandview Gallop. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed medical doctor.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_  
(Required if under 18 years of age)

Mail entry blank and fee to: MVRA, P.O. Box 854, Dubuque, IA 52004-0854 - Make checks payable to: Grandview Gallop

For additional information: Call Greg Hermiston - 563-599-5198 or Darrell Zmolek - 563-582-6838 or email [GrandviewGallop@hotmail.com](mailto:GrandviewGallop@hotmail.com)

## Register online at: [GrandviewGallop.com](http://GrandviewGallop.com)

