

# The First Step Riverfront 5K

Presented by

## Western Illinois University – Quad Cities

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May 27, 2017

**Time** – Mills Mini Mile 1mi starts at 8:30am and 5K begins at 9am

**Race Location** – Starts and finishes at the new Western Illinois University Riverfront Campus.

**Entry Fees** – 1 mile/5K, Adults \$25 (\$30 after May 15), High School/College \$20 (\$25 after May 15 and kids age 12 and under \$15 (\$20 after May 15)

**Packet Pickup and Registration** – Packet pickup and race registration will be Friday, May 26 from 4-7 and Saturday the 28<sup>th</sup> from at WIU Riverfront Campus (3300 River Dr., Moline) at 7am

**Course** – The course will be scenic, flat and fast. Runners will leave the WIU lot, head west and follow the signs. Timers, water stations and entertainment will line the course.

**Awards** – All children will receive award medals. The top three male and female participants in age categories will receive an award!

**Facilities** – Restrooms and wash stations will be available.

**Refreshments** – Food, drink and snacks will be provided to all participants.

**Questions?** – Chris VanSpeybroeck @ (309)558-0145 or [info@ctcqc.org](mailto:info@ctcqc.org) \*\*On line registration is available at [www.getmeregistered.com](http://www.getmeregistered.com). Additional forms can be downloaded from the Cornbelt running site [www.cornbelt.org](http://www.cornbelt.org)\*\*

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**Please make checks payable to The Children’s Therapy Center of the Quad Cities  
And Mail Entries to CTCQC, 1504 13<sup>th</sup> Ave., Moline, IL 61265**

T-SHIRT SIZE: KIDS : SMALL \_\_\_ MED \_\_\_ ADULTS: SMALL \_\_\_ MEDIUM \_\_\_ LG \_\_\_ XL \_\_\_

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_ AGE \_\_\_\_\_ BIRTHDATE \_\_\_\_\_

PHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_

### Waiver and Release

In consideration of acceptance of this entry, I, intending to be legally bound, hereby, for myself and heirs, executors and administrators, waive and release any and all right and claim for damages I may have or that may hereafter accrue to me against the City of Moline, IL and any of the City of Moline officials and/or employees, Western Illinois University, Children’s Therapy Center of the Quad Cities, sponsors, managers and operators associated with the event. I am entering for any injuries incurred by me during because of, or in travel to or from the the First Step Riverfront 5K on May 27, 2017.

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

PARENT/GUARDIAN IF UNDER 18 \_\_\_\_\_ DATE \_\_\_\_\_