

# Blue Grass Homecoming Race

## 5K Run/Walk & 1 Mile Fun Run

Friday, June 7, 2019

**1 Mile Fun Run@6:00 5K Run/Walk@7:00PM**

**COURSE:** Route will take place on the streets surrounding Blue Grass

5K course starting and ending at Blue Grass Community Club.

**Back to regular race course**

**REGISTRATION:** \$20(shirt guaranteed) if received before May 17<sup>th</sup>

**Before May 17<sup>th</sup> with Shirt \_\_\_\_\_ (\$ 20) No Shirt \_\_\_\_\_ (\$10)**

**1 Mile Before May 17<sup>th</sup> with Shirt \_\_\_\_\_ (\$10) No Shirt \_\_\_\_\_ (\$5)**

**Veteran with Shirt \_\_\_\_\_ (\$10) No Shirt \_\_\_\_\_ (FREE)**

**No shirts available this year after May 17<sup>th</sup> we will not order additional shirts**

**Chip timing**

**PACKET PICK-UP:** Thursday June 6<sup>th</sup> from 5:00-6:00 p.m. at Blue Grass Community Club.

You can also pickup your packets and register the night of race from 4:00 to 6:45.

**AWARDS:** 5K overall male and female finishers. Awards to top 3 in each age group:

14 & under 15 -19 20-24 25 – 29 30 - 34 35-39 40 –44

45-49 50-54 55 - 59 60-64 65 – 69 70 & over

**AWARDS WILL BE GIVEN AT THE RACE SITE FOLLOWING THE RACE**

**Awards for 1 Mile Fun Run Ribbons to all participants Trophy to Overall Male/Female**

**REFRESHMENTS:** Water, popsicles and cookies will be available after the race.

**PROCEEDS:** Proceeds from the race will benefit the Blue Grass Community Club and the Community.

*For more information, call Brinson or Donna Kinzer at 563-381-2803. Or 563-381-7686*

*Make checks payable to: Blue Grass Community Club*

*Mail entries to: Donna Kinzer 304 E. Lotte St Blue Grass, Iowa 52726 or you can register at **getmeregistered.com***

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## Blue Grass Daze

Name: \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_ Phone \_\_\_\_\_

Age (on race day) \_\_\_\_\_ M \_\_\_\_\_ F \_\_\_\_\_

Shirt Size (circle one) adult: S M L XL XXL **Child S M L**

**1 Mile Fun Run (12 & Under \_\_\_\_\_ or 5K Run/Walk \_\_\_\_\_**

In consideration of this entry, I intend to be legally bound, for myself, my heirs, executors and administrators waive, release and forever discharge any and all rights and claims which may hereafter accrue to me against the officials of the run, and all sponsors for any and all accidents or injuries incurred by me at this event and while traveling to and from this event. I further state that I have trained adequately and am in suitable athletic condition to Compete in the race I have entered.

Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Parent Signature (if under 18)