



HALF MARATHON + 5K

SUNDAY, MAY 12TH, 2024

RACE HOTLINE: 563-326-1942
Club website: www.cornbelt.org

RACE LOCATION: BASS STREET LANDING
 17th Street and River Drive, Moline, IL

REGISTRATION & PACKET PICKUP:
Saturday, May 11th: 12:00-4:00 pm
 STONEY CREEK INN
 Bass Street and River Drive, Moline, IL
Race Day, May 12th: 6:00 am to 7:30 am

RACE T-SHIRTS:
 Guaranteed shirt to first 500 registrants.
 (Registered by April 30th 2024)

VOLUNTEERS:
To volunteer or race information:
 contact: Race Director - Dale Manley dkrun1@aol.com

COURSE VOLUNTEERS NEEDED!
Course Control: contact Mary Kozlov
 563-209-5134 marykozlov@yahoo.com

5K RUN/WALK DETAILS:
START: BASS STREET, 7:30 am
COURSE: 3.1 miles, Fast and flat out & back
 Splits every mile, one water station.
AWARDS: \$100 Prize Money to the overall Male and Female
 Winners. Masters First Place Male and Female.
 Up to three places in each of the following age groups:
 19 & under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64,
 65-69, 70-74, 75-79, 80+.
 Overall winners and Masters ineligible for age group awards.

HALF MARATHON RUN DETAILS:
START: BASS STREET, 7:30 am
COURSE: 13.1 miles. 4 continuous loops on River Drive & Bike
 path. 4 water stops.
IMPORTANT! Course protection provided until 10:30 am. After
 10:30 am, if you are still on the course, you must move to the
 sidewalks. Clock stops running at 10:30 am. Walkers encouraged
 to enter the 5K event contact Race Hotline with questions.
COMMEMORATIVE MEDALS — to all Half Marathon finishers.
AWARDS: \$100 Prize Money to the overall Male and Female
 Winners. \$100 Masters Prize Money to Male and Female Winners
 (40 & Over).
 Awards based on participation: 19 & under, 20-24, 25-29, 30-34, 35-39,
 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+.
 Overall winners and Overall Masters winners ineligible for age group awards.
 Overall award winner ineligible for Masters Awards.

POST-RACE PARTY AT BASS ST:
 For race participants and volunteers!
 Free post race massages & chiropractic care.

AWARDS & RACE RESULTS:
Trophies presented after each race.
UNCLAIMED AWARDS, PACKETS, & BACK ORDERED SHIRTS:
 After the race they may be picked up for 2 weeks at:
Running Wild, 3216 N. Brady Street, Davenport, IA .
 Allow 2-3 weeks order time for back orders.

FLOWERS TO ALL FINISHERS
FREE HALF MARATHON TRAINING RUNS :
FREE! Starting March 10th, 2024
Sundays @ 7:30 a.m., McDonald's
 Kimberly & Eastern, Davenport.
Open to all
 Will run 4-7 miles on 3/10/24, then longer each following
 week for 9 weeks.
Coach: John Parker

Register online at:  **GetMeRegistered.com**
 RACE CLEAN * LIVE GREEN

OFFICIAL ENTRY FORM PLEASE PRINT CLEARLY WAIVER MUST BE SIGNED

CIRCLE RACE: 5K or HALF MARATHON **CIRCLE SHIRT SIZE:** XS S M L XL XXL

NAME _____ AGE ON RACE DAY _____ PHONE(_____) _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

DATE OF BIRTH: _____ MM/DD/YY

ENTRY FEES (ALL FEES NON-REFUNDABLE)

	HALF MARATHON	5 K
CIRCLE ONE: MALE FEMALE		
CBRC MEMBER, PREREGISTERED	\$45.00	\$25.00
NON CBRC MEMBER, PREREGISTERED	\$50.00	\$27.00
ALL REGISTRANTS AFTER 05/06/2024	\$60.00	\$30.00

CBRC 6 MONTH TRIAL MEMBERSHIP \$10.00

TOTAL FEES ENCLOSED _____

MAKE CHECKS PAYABLE TO:
QUAD CITIES DISTANCE CLASSIC, and mail to: Cornbelt Running Club, 315 E. George Washington Blvd., Davenport, IA 52803

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Cornbelt Running Club, City of Rock Island, County of Rock Island, City of Moline, State of Illinois, Stoney Creek Inn, Palmer Chiropractic Clinics and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of persons named in this waiver. By signing I give CBRC permission to use any photographic images of myself associated with the event. No refund policy including a decision by race management in the event of weather that necessitates the cancellation of the event.

SIGNATURE _____ DATE _____ PARENT'S SIGNATURE IF UNDER 18 _____

EMERGENCY PHONE CONTACT #: _____