

## 2024 CBRC Race Team Application

CBRC Race Team members are selected based on the following criteria: sportsmanship, character, volunteerism, involvement in the running community, and running ability. Race Team members are expected to be ambassadors, to support the club's mission of promoting fitness through running and walking, and to represent the Cornbelt Running Club, Ascentra, and Running Wild with integrity. All interested CBRC members are encouraged to apply. Applications must be received by January 6th, 2024 to be considered.

### Personal Information

<b>Name:</b>	
<b>Sex: M F</b>	<b>Cornbelt Member? Y N</b>
<b>Birthdate:</b>	<b>Age:</b>
<b>Address:</b>	
<b>Phone:</b>	
<b>Email:</b>	

### Best Performances 2023(race and time)

<b>5k:</b>	<b>10K:</b>
<b>Half:</b>	<b>Marathon:</b>

Please feel free to use the back to tell us about other personal accomplishments that you would like us to consider. (other races/distances, training goals accomplished, etc.)

### Circle Run or Vol or both for CBRC & traditionally Circuit races you attended in 2023!

Run Vol Frostbite Run Vol B-rrry Scurry Run Vol Chili Chase Run Vol Freezin for a Reason Run Vol CASI St. Patrick's Run Vol Pam Pray Mem Run Vol 24 Hour Run Run Vol Cinco de Mayo? Run Vol QC Distance Classic Run Vol Gigi's Superhero Run Run Vol Maple City 4 Run Vol Paul Skeffington Run Vol Firecracker Run Run Vol Moonlight Chase	Run Vol Rustic Run Run Vol Bix 7 Run Vol Freedom Run Run Vol Charger Run Run Vol Run with Carl Run Vol Clinton Half Run Vol QC Marathon Run Vol Nancy Kapheim Memorial Classic Run Vol Hawk Hustle Run Vol CBRC Pumpkin Dash Run Vol Turkey Trot Vol Kids Track Vol Thanksgiving parade Vol Bix @ 6
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### Circle CBRC events you attended in 2023!

January Meeting Spring half marathon training Track Workouts at Augie Club Picnic	Fall Marathon Training November Meeting December Meeting
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**Applicant Signature** \_\_\_\_\_ **Date** \_\_\_\_\_